

# Eastern Region Intro Rules



- Intro Events are open events for skaters who **have never competed** in a Regional Championship in an Official artistic event in that discipline (Figures, Free Skating, Solo Dance, and Team Dance). (Level C, Level B and Level A events are considered official events.)
- Skaters who exceed the skill level of Intro will be asked to register in Level C, B or A Standard Divisions in future competitions.
- Three placements will be awarded in Intro Events. It is optional to award participation awards for non-placing contestants.
- All Intro events will be skated as a final event only.
- Age groups as follows: (Age as of 1/1/(Current Skating Year))

## **Tot Intro Free Skating Rules:**

Ages 7 and Under

**Time: Music maximum time is 2 Minutes.**

Music: Any music may be used, including vocals, as long as content is deemed appropriate.

Content: Only single and ½ jumps allowed. Only upright spins allowed.

## **Adult Intro Rules:**

We will no longer be offering Adult Intro Events. We will now use the Adult C events instead. The age limit is 18 and over. We will be using the requirements as listed in the USA Roller Sports Competitive Requirements for that season.

## **New Event:**

### **Intermediate Fresh/Soph Coed Figures**

This is an unofficial COED figure event for skaters ages 13 and over. It is intended to help bridge the gap between Fresh/Soph C and Fresh/Soph B figure requirements.

Requirements:

Figure 3A - ROB-LOB Circle Eight

Figure 7B - LOF-ROF Three Turn Circle Eight